

INNER CIRCLE

PHD

TEXT VERSION



INTRODUCTION

Most likely, you have already had your onboarding session with our amazing head Wing Girl. If not, don't worry, I'm sure you have it schedule soon.

During your onboarding, your Wing Girl should have: booked your weekly calls, helped you get access to the curriculum and explained how to properly use this program.

This portal gives you full access to the **Inner Circle MANDATORY** curriculum. The curriculum is the backbone of this program. It's a **LOT**. We know it is. Don't get overwhelmed with it. You will have access to this for life. No rush getting through it. All we ask is that you stick with it and go at your own pace.

Before you dive into the curriculum, I'd love if you could please watch the 2 videos below and read this page fully before starting.

1. Welcome Video: Is a welcome video where I tell you all the expectations of this program.

2. Girls Night In Introduction Video: Is an introduction to the girls from each phases "Girls Night In" videos. Every phase of this program will have another video from this "Girls Night In" that is meant to give you more insight into what women are actually saying about men behind closed doors.

3. Facebook Community Access: I've also included your link to join the Facebook Community. Please know you will have lifetime access to this and it's an important part of this program.

Join Facebook Group here:

<https://www.facebook.com/groups/991635292426446/>

4. Q&A Library: You will also see on the program page that we have added in a tab at the bottom called Q&A Library. This library is filled with videos of past Q&A sessions with The Wing Girls and Marni that you are free to watch.

5. Visualization Program Bonus: We have also included Marni's popular visualization course for free!!! This program is to be used if you are struggling to get in the right mindset for success. It will help you reprogram your brain to search for **WINS** instead of losses.

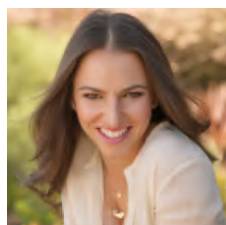
If you have any questions please contact our support team and they will help you ASAP! Thanks.

Contact Support VIP Support Email Address For Inner Circle Men:

InnercirclesessionsWGM@gmail.com

Customer Support Text number: (818) 239-7698

Enjoy



Marni

Your Personal Wing Girl

insider@winggirlmethod.com

Watch Welcome Video on Youtube here:

https://youtu.be/ntyXdrB-_Ro

REMEMBER, the most important part of the Inner Circle is to have fun with yourself and others. If you have any questions at any time, please post them in the exclusive Facebook group called **Get INSIDE Her**.

Join Now: <https://www.facebook.com/groups/508542723390494/>

WEEKLY CALL DETAILS

You should have received your call info during your onboarding session with your Wing Girl. If you have not had this yet, do not worry, you will shortly.

Your Wing Girl will have signed you up for your weekly calls and sent you an email. You should also get weekly emails and text reminders for these sessions but please don't rely on these. Tech is a pain at times.

I have posted the rules and guidelines for you to adhere to for your weekly calls (Q&A and Flirting Sessions)

HEADS UP: These calls may make you uncomfortable. They make you want to quit. But that's a good thing. Our goal is to create a little discomfort in you so that we can learn to get over that discomfort and grow from it.

Better here than with attractive women you want to date right.

Rules and Guidelines for the group coaching calls

Please read through the following to ensure you understand how the calls are run.

When we're all on the same page it will create a better learning platform for everyone!

1. Your amazing onboarding Wing Girl will help you schedule your weekly calls. These are your scheduled weekly times for the duration of the course. IF at any time you need to change this, please email **InnercirclesessionsWGM@gmail.com** and let us know. We will be happy to change your weekly call schedule.

2. This course runs straight through and is not meant to be done over an extended period of time. If you get into this course and realize it's not a good time to be doing it, you can email us at **InnercirclesessionsWGM@gmail.com** and we can pause your program for 3-1 months. You will still be billed for the course but you have up to 3 months to complete the sessions.

3. If you know in advance you will be missing a call please email **InnercirclesessionsWGM@gmail.com** and let us know you will be missing a call. We will then allow you to do a make up at the end of your sessions. If you miss a group coaching call without giving 24 hours notice, it will be considered a missed call. You can also access recordings of the Q&A sessions inside the Q&A library

4. We start on time - and we will not wait for any students who are late. If you are late, you may certainly still come, but please know that we won't be reviewing everything we said for you. I'll give you a quick heads up as to where we're at in the call and we'll continue like the champions we are.

5. If you have an embarrassing question or something more personal to discuss with Marni or the Wing Girls you may email Marni directly or you can save it for your 1:1 time. Email marni here:
insider@winggirlmethod.com

6. The sessions can cause some confusion for guys because you will be flirting with your wing girls on the call. Please know that the flirting stops once these calls are over. The Wing Girls are there to be your teachers, NOT to date (unless this is mutually decided by both of you)

7. Please be cognizant of everyone's time. This is a group coaching experience, so please don't hog all the time.

8. This is a group/team. So let's all encourage each other... keep it positive.

9. Be open to all feedback and suggestions given by your Wing Girls. They are there to help and tell you what they see. No room for battling to fighting them.

And most important **HAVE FUN!!** That is what this program is about. Learning to let go of the pain and tension that has been holding you back from the success with women you've always wanted! Fun, owning your stuff, being comfortable in your skin... this is the core of the program. Enjoy!!

MODULE 1 – PHASE 1: THE ATTRACTION MATRIX

INTRODUCTION

Get ready to dive into the Attraction Matrix. The truth is that you can't turn a woman on until you turn yourself on... AND you can't turn yourself on until you know exactly who you are, what you want and what you don't want. Once you know all of these things, THAT is when your confidence starts to shine and the true masculine leader that you are will come through.

In this section, just like every other section, there will be 3 modules. 1st module will break down the theory and what you will be working on in each section.

1st module will always have 2 videos for you to watch. 1 is instruction and the other is from Girls Night In and will show you the female perspective of what you are working on.

2nd module will be an assignment (workbook, videos to watch etc...)

3rd module will be your Get Off Your Butt Exercises that will help you bring to life what you are learning in a fun, safe way.

Below you will find 3 tabs for the 1st module. Please go through them in the order they are in!

If anything confuses you. Frustrates you. Excites you. Intrigues you. **WRITE ME!!** Tell me about it. I want to hear and I want to help. Now get to it and dive in.

Marni

THE ATTRACTION MATRIX: MARNI EXPLAINS

Watch on Youtube here: <https://youtu.be/d-4JOug1RJk>

Download Script:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase1.pdf>

APPROACH JOURNAL

Download Approach Journal:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/InnerCircle_Approach_Journal.pdf

GIRL'S NIGHT IN CONFSSIONAL VIDEO

Six beautiful, amazing women tell you exactly what they want, what they don't want, and what drives them absolutely wild when it comes to men.

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/Girls-confession-Attraction-Matrix.mp4>

THE MYERS-BRIGGS PERSONALITY TYPE TEST

Ever taken The Myers-Briggs Type Indicator Test? It is really helpful for getting a better understanding of who you are and the way you see the world. If you haven't done it before (or it's been a long time), go ahead and do so now!

The insight you will gain from this is going to help you become more clear on YOU. And when you get you better, you gain confidence, you draw in the right people (women) and you take control over your life.

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_1_The-Myers-Briggs-Test1-.pdf

MODULE 2 – PHASE 1:

THE ATTRACTION MATRIX

WORKBOOK

INTRODUCTION

I have a couple of workbooks for you to complete. Don't worry, I've made these as easy and fun as possible.

I've given these workbooks to over 100,000 men and almost all of them tell me that these workbooks alone helped them truly unlock their inner masculinity and confidence. Music to my ears obviously. Now I want these books to do the same for you.

Please take your time filling these out and remember that the answers you put are for YOU not for me or my Wing Girls. That means answer truthfully. Think about what you answer and never feel ashamed of what you may put down.

These work books are meant to provide clarity so you can move forward.

1. It's Time To Turn Yourself On – You gotta turn yourself on before you turn a woman on. This workbook will help you realize your turn ons.

2. Discover Your Values – A man who doesn't know his values is a man that can easily be walked all over ;). This workbook will help you discover your values and **OWN THEM!**

3. Step 1 In the Approach Ladder- This isn't a workbook. It's exercise for you to start slowly putting yourself out there and approaching women.

Ready? Let's dive in!!

Download It's Time To Turn Yourself On – Workbook:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_2_Its_Time_To_Turn_Yourself_On_Workbook.pdf

Download Discover Your Values and Own Them – Workbook:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_2_Discovering_Your_Values_and_Owning_Them_Workbook.pdf

Download Approach Ladder Step 1: The Light Flicker:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_2_insider-step-1-the-light-flicker.pdf

MODULE 3 – PHASE 1: **THE ATTRACTION MATRIX GOYB**

WHERE TO MEET WOMEN

Where the heck can you go to meet women?? Well now you don't have to guess anymore because our team of Wing Girl have put together a HUGE list of places and spaces to go and meet women.

Print this list and then put little check marks beside the places that appeal to you. For example, don't go to a bar if you don't drink. BUT do go and join a pickle ball league if you like being active and social.

This list is to help make the process easier. BUT it's on you to make an effort and explore multiple options on this list.

Enjoy!

Download PDF:

https://wgm-cf-download.s3.us-east1.amazonaws.com/12weekphd/Where_to_Meet_Women.pdf

PRE-DATE PERSONAL GROOMING CHECKLIST FOR MEN

Here is a little Wing Girl bonus PDF provided by our awesome Wing Girl Nadia. Before you start going out on dates with women, we gotta be sure you've got a few things taken care of. Nadia has put together a Pre Date Personal Grooming Checklist for you.

Download this document to review the **MUST DO's** for going out with women!! They are essential.

Download PDF:

https://wgm-cf-download.s3.us-east1.amazonaws.com/12weekphd/Inner_Circle_Pre-Date_Personal_Grooming_Checklist_for_Men.pdf

MODULE – GOYB EXERCISES

Get ready to exercise!!! I really believe that the way to hone and own a skill is to put it to practice. But I get that going out in public and practicing might seem overwhelming right now. That's why I've created these Get Off Your Butt Exercises.

These exercises are meant to get you off your butt and push you to practice in the safest, most comfortable way possible. Each exercise will still push you out of your comfort zone but just a tiny bit. Baby steps!

Ready to dive in and get off your butt???

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_3_Week_1_-_GOYB.pdf

BONUSES – PHASE 1

GREAT APP FOR PRACTICING CONVERSATION

If you have an iPhone, type in: [“Worddraw – Word Generator”](#)

If you have an Android, type in: [“Random Word Generator”](#)

Start practicing every day for 5-10 min. See the word pop up and quickly come up with 2-3 related threads/tangents that you can talk about related to that word. Try to get creative and see if you can say anything that will put you in a positive light or allow you to share something good/fun/interesting. Don't skip words - just get creative and think out of the box!

Then choose one of those threads to talk about and practice saying it outloud. This will help you with those conversation threads/jumps so you can better steer conversations your way when needed and so you can strengthen your conversational muscle!

DOES UNEMPLOYMENT HURT YOUR CHANCES WITH WOMEN?

Download MP3:

<https://s3.amazonaws.com/wgm-cf-download/insidher/insidher-unemployment-unemployment.mp3>

Women are more affected by HOW you respond to difficulties in life. Not whether or not you have difficult times in your life. In this audio, Marni talks to a one on one client about how being unemployed doesn't hurt his chances to with women, its how he responds to be unemployed. Good, strong men push forward and make things happen. Weak, unattractive man let negative things define them. Don't be that guy.

MARNI & ADAM GILAD DISCUSSES

Download MP3:

<https://s3.amazonaws.com/wgm-cf-download/insidher/insidher-interview-adam-gilad-integrity-expectations.mp3>

MARNI & LIZ DISCUSS

Download MP3:

<https://s3.amazonaws.com/wgm-cf-download/insidher/insidher-what-women-want-liz-regaining-masulinity.mp3>

MISCONCEPTIONS THAT WOMEN HAVE ABOUT MEN

This was one of my favorite interviews, that for some reason I have never posted on my site. I talk with Shana James, who coaches women on dating and attraction. She tells me about the misconceptions women have about men that make it harder for men.

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-s-hana-james.mp4>

THE DIFFERENCE BETWEEN BEING AN INTROVERT VS. SHY

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P-hase_1_Bonus_insidher-introvert-vs-shy.pdf

THE FIVE LOVE LANGUAGES BY GARY CHAPMAN

One of the best books of all time, when it comes to understanding yourself and others. Gary Chapman's, The Five Love Languages teaches you to discover your own love language AND learn to recognize others.

Once you understand a woman's love language, you can make her feel happy and loved her entire life. She will never leave you and always want you! Guaranteed. Read this summary of Gary Chapman's Best Selling book The Five Love Languages.

To purchase The Five Love Languages from Amazon [Click Here](#)

To take an online assessment find out your love language [Click Here](#)

WHY THE GAME & PICK UP ARTISTS KILL YOUR CHANCES WITH WOMEN

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-why-the-game-and-pick-up-artists-kill-your-chances-with-women.mp4>

WHY WOMEN LIKE BAD BOYS

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Pbase_1_Bonus-insidher-why-women-like-bad-boys.pdf

HOW TO SEXUALLY ESCALATE WITH WOMEN

Watch on Youtube: <https://youtu.be/bYtiqIpG70c>

In this video, Marni explains the complicated topic of **HOW** to sexually escalate with women. She literally walks you through the exact steps of what to do. Most guys think that women going home with a guy “just happens” but there is a process. A process that you **MUST** go through in order to have her thinking of you that way.

SAY HOW TO CALM ALL ANXIETIES IN MINUTES

Watch on Youtube: https://youtu.be/REdc_ua3aI8

MODULE 4 – PHASE 2: ACTIVATING YOUR SOCIAL LIFE EXPLANATION

INTRODUCTION

Phase 1 of this program was about getting to know you better. Now that you do, it's time to get you out and interacting and mingling. This phase is going to help you build a full life so that you have more opportunities to meet women and also have a life that women want to be part of.

Just like phase 1 of the program, The Attraction Matrix, you will watch a video of me explaining how to activate your social life and then I have some exercises for you so you can actually do it. Ready? Let's dive in!

HOW TO ACTIVATE YOUR SOCIAL LIFE: MARNI EXPLAINS

Congrats! You are now on Phase 2 which is a VERY fun phase. Please listen to Marni's audio below on Phase 2, how it works, why it's so important and how you will complete it. You can either stream on the site or download using the link below.

Watch on Youtube: <https://youtu.be/pwDPNHikTjQ>

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/Phase-2-Audio.mp3>

Prefer reading? You can download the PDF Version of the above audio here:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase2.pdf>

GIRL'S NIGHT IN CONFSSIONAL VIDEO

6 beautiful, amazing girlfriends tell you exactly where they go to meet men and the type of man they will give their attention to.

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-social-circles.mp4>

MODULE 5 – ACTIVATING YOUR SOCIAL LIFE WORKBOOKS & ASSIGNMENTS

INTRODUCTION

Time to get to work again and start activating your social life. You will find a workbook to complete and then get exercising with this parts GOYB exercises.

Ready to dive in and start building a social life that women can't wait to be part of??

Great. Let's go!

GET A LIFE AND GET OUT THERE – WORKBOOK

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_5_Get_A_Life_and_Get_Out_There_Workbook.pdf

APPROACH LADDER STEP 2: THE INTERVIEWER

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_5_The_Approach_Ladder_Step_2_The_Interviewer.pdf

MODULE 6 – ACTIVATING YOUR SOCIAL LIFE GOYB EXERCISES

INTRODUCTION

Time to put it all to work and start exercising your social muscle! I love the exercises from this week. They are fun, they push you just the right amount and they have impact. Perfect recipe for success.

I want you to really enjoy these exercises. They are meant to be fun and challenging all at the same time.

Let's dive in!

Download Workbook:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_6_GOYB_Exercises.pdf

BONUSES – PHASE 2

MARNI & BODY LANGUAGE EXPERT

Marni & Body Language Expert, Zach Browman Discuss The Psychology Behind Body Language and How To Project Confidence Without Saying A Single Word.

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-body-language-1-hr-call-with-zach-browman.mp3>

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase_2_Bonus_insidher-body-language-1-hr-call-with-zach-browman-handout.pdf

HOW TO SEDUCE WITH STYLE WITH MARNI & CELEBRITY STYLIST ERIN



Listen Now:

<https://www.thewinggirlmethod.com/seduce-with-style/introduction/>

To schedule your [Style Check](#) follow the link below to select a day and time...

<http://erindelaroca.com/stylecheck.html>

And once your appointment is confirmed please email 5 full length photos/selfies that best represent your current style to erin@erindelaroca.com

MARNI & SOCIAL GROUP EXPERT

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/bamww/bamww-how-to-build-a-social-life.mp3>

QUICK GUIDE TO CONFIDENT BODY LANGUAGE

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase_2_Bonus_Insidher-confident-body-language-with-women.pdf

MODULE 7 – PHASE 3: HOW TO CONNECT WITH WOMEN

INTRODUCTION

If you can't connect to women, you can't attract them, you can't date and you certainly won't ever have a successful relationship with them. This phase of the program is all about connecting to women. Now that you've completed phase 2 and know where to find women, now you need to know what to do when you see them.

In this phase you will learn how to approach women, how to talk to women, how to tease and challenge women and how to **CONNECT** to women.

Enjoy!

HOW TO CONNECT TO WOMEN: MARNI EXPLAINS

Welcome to Phase 3!! This phase is about how to connect with women. Meaning what to do after you see a woman you are attracted to and want to know more. Phase 3 is where you will get all the fancy tools for approaching, talking, engaging and flirting with women. Listen to audio below where Marni explains Phase 3. She will explain the essential theory behind Phase 3, reveal secrets about beautiful women and make sure you understand your goals for Phase 3 before diving in and doing the work. You can download or stream the audio.

Watch on Youtube: <https://youtu.be/mU6Wxyfj2aI>

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/Phase3-Audio.mp3>

Prefer reading? You can download the PDF Version of the above audio here:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase3.pdf>

GIRL'S NIGHT IN CONFSSIONAL VIDEO

6 beautiful, amazing women tell you exactly how they want to be approached, what they're thinking when you approach, what conversation triggers attraction in them AND what makes them highly addicted to you.

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-the-approach.mp4>

MODULE 8 – HOW TO CONNECT WITH WOMEN WORKBOOKS & ASSIGNMENTS

INTRODUCTION

This is the part that you've been waiting for right? The HOW to actually do the things that you want to do to women ;).

Because you now know yourself better and are feeling more confident and comfort in your skin, it will make this part of the program SOOOOO much easier for you.

It's time to learn how to start interacting with women.... The RIGHT way!

The workbook you will be working through is my manual for Approaching and Creating Attractive Conversations with Women.

You'll love it.

Let's dive in!

MANUAL FOR APPROACHING & HAVING ATTRACTIVE CONVERSATION – WORKBOOK

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_8_insider-manual-for-approaching-and-attractive-conversation.pdf

Approach Ladder Step 3: OSA (Observe, Share, Ask)

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_8_Approach_Ladder_Step_3_OSA_Observe_Share_Ask.pdf

MODULE 9 –

HOW TO CONNECT WITH WOMEN

GOYB EXERCISES

INTRODUCTION

Just like in the previous parts of the program, these exercises are going to push you a little past your comfort zone. Which is where the magic happens.

These exercises are going to test you, they're going to feel weird but trust me, I have reasons for them. The reasons being that I know they are what you need to do to hone the skills you want. And the skills you want will help you become the man with women you've always wanted to be.

Let's dive in!

GOYB EXERCISES

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_9_GOYB_Exercises.pdf

BONUSES – PHASE 3

HOW TO ASK A GIRL OUT – BE DIRECT

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase_3_Bonus_insider-how-to-ask-out-a-girl.pdf

HOW TO AVOID BEING CREEPY

Download PDF:

<https://wgm-cf-download.s3.amazonaws.com/insider/insider-how-to-avoid-being-creepy-around-women.mp4>

HOW TO BE GROUNDED WITH WOMEN & PASS THEIR "TESTS"

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insider/insider-how-to-talk-to-women-and-make-them-want-you.mp4>

HOW TO COMPLIMENT A WOMAN

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase_3_Bonus_insider-how-to-properly-compliment-a-woman.pdf

HOW TO EFFECTIVELY COMMUNICATE WITH WOMEN

Marni and Jake (one of her girlfriends boyfriends) sit down and discuss integrity and how to clearly communicate to a woman what you want and get it.

Download PDF:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-jake-effective-communication-how-to-end-a-date.mp3>

HOW TO GET A GIRLS NUMBER IN 30 SECONDS OR LESS

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P_hase_3_Bonus_insidher-how-to-get-a-number-in-30-seconds-or-less.pdf

HOW TO MAKE A WOMAN LAUGH

Marni sits down with Humor Expert Zach to find out about High Status Humor.

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insideher-how-to-make-a-woman-laugh.mp3>

To hear more from Zach and learn how to make a girl laugh from your high status humor within seconds of meeting her, [Click Here:](https://www.socialfluency.com/confidencesignals?fpr=marni74)
<https://www.socialfluency.com/confidencesignals?fpr=marni74>

HOW TO TALK TO WOMEN & CONNECT USING LISTEN, CONFIRM, AFFIRM

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-talk-to-women.mp3>

OSA CASE STUDY

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P_hase_3_Bonus_insidher-osa-case-study.pdf

OSA LIVE EXAMPLE

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-talk-to-women-and-make-them-want-you.mp4>

SIGNS SHE'S FLIRTING WITH YOU

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P_hase_3_Bonus_insidher-signs-shes-flirting.pdf

THE 25/75 RULE

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-at-tract-women-talking-to-women.mp4>

THE MAGIC WORD BECAUSE

Hayley and Marni discuss conversation and the mistakes men make when talking to women.

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-magic-word-because.mp3>

MODULE 10 – PHASE 4

BEING THE FRIEND VS BEING THE LOVER

INTRODUCTION

We all know you are not here to make more female friends. In this phase of the program, I'm going to show you how to make sure that the women you want, never see you that way again!

Let's dive in!

FRIENDS VS. LOVER: MARNI EXPLAINS

Phase 4!! Congrats on getting through phases 1,2 and 3. This phase is where it all comes together and we help you understand how to express yourself as a sexual option to women vs a nice friendly option ;).

In the audio below, Marni explains the differences between men women see as friends vs. men women see as partners, lovers, sexual options. You can stream on the site or download below.

Watch on Youtube: <https://youtu.be/huFXScTJkRQ>

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/Phase4-Audio.mp3>

Prefer reading? You can download the PDF Version of the above audio here:

<https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase4.pdf>

GIRL'S NIGHT IN CONFSSIONAL VIDEO

6 beautiful, amazing girlfriends tell you exactly how they want to be approached, what they're thinking when you approach, what conversation triggers attraction in them AND what makes them highly, sexually addicted to you.

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-sex.mp4v>

MODULE 11 – FRIEND VS LOVER ASSIGNMENTS & MASTERCLASSES

THE SPECIFICITY MATRIX EXPLAINED – WORKBOOK

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_11_The_Specificity_Matrix_Explained.pdf

APPROACH LADDER STEP 4: PRIMAL BRAIN TRIGGER

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_11_insidher-step-4-primal-brain-trigger.pdf

MASTERCLASSES FOR PHASE 4

For this phase instead of a workbook I'm also going to give you access to 3 amazing Masterclasses hosted by 3 of my favorite people. These are the Masterclasses:

1. How To Avoid The Friend Zone by Darren Fuji that will teach you exactly what you need to do to avoid the friend zone.

Watch on Youtube: https://youtu.be/_IRfvpGQPvc

2. What To Say To Spark Attraction by Mark Sing which will teach you 7 different flirting techniques that you should be using in conversation from the first moment you talk with them.

Watch on Youtube: <https://youtu.be/zCa9NAZvF7A>

3. How To Satisfy A Woman by Hannah Spanke that will show you how to satisfy a woman's needs to feel feminine both and sexual. It's amazing and you will love this one!

Watch on Youtube: https://youtu.be/yB9_rEA9krY

I love each and every one of these masterclasses and you will as well!!!

MODULE 12 – FRIEND VS LOVER GOYB EXERCISES

GOYB EXERCISES

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Module_12_GOYB_Exercises.pdf

BONUSES – PHASE 4 ARE YOU KISSING THE WRONG WAY?

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-the-kissing-mistakes-most-guys-make.mp4>

DISCOVERING YOUR ANIMAL PERSONA

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-finding-your-animal-persona.mp3>

FINDING YOUR GRRRR... CASE STUDY

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P_hase_4_Bonus_insidher-finding-your-grrr-case-study.pdf

GROOMING TIPS

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-intimate-grooming-tips-for-men.mp4>

HOW TO AVOID THE FRIEND ZONE

Marni gets interviewed by Ryan DRH and gives her whole POV on the Friend Zone. Includes Transcript of mp3 (41:58)

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-avoid-and-get-out-of-the-friend-zone.mp3>

Download PDF:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-avoid-and-get-out-of-the-friend-zone-transcript.pdf>

HOW TO BE A SEXUAL LEADER

Download MP3:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-sexual-leader.mp4>

HOW TO ESCALATE SEXUALLY WITH WOMEN

Marni gives step by step instructions to one of her private coaching clients on how to sexually escalate with women without creeping them out. Includes an exercise that makes it hard for a woman to say no to your advances.

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-escalate-with-women.mp3>

HOW TO ROCK HER WORLD WITH YOUR HAND

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-rock-her-world-with-your-hand.mp4>

LET'S TALK SEX

Marni and Sexpert Darrah De Jour host a 1.5 hour conference call on sex and sensuality revealing everything women want in sex.

Download MP3:

<https://s3.amazonaws.com/wgm-cf-download/insidher/insidher-lets-talk-about-sex.mp3>

MAGIC MOVE TO USE IN THE BEDROOM

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-the-butterfly-move.mp4>

PREMATURE EJACULATION

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-exercises-that-will-improve-your-relationship.mp4>

UNIQUE QUESTIONS TO ASK ON DATES

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P_hase_4_Bonus_insidher-unique-questions-to-ask-on-dates.pdf

WHAT DO WOMEN FIND SEXY?

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/P_hase_4_Bonus_insidher-what-do-women-find-sexy.pdf

WHAT TO DO IF YOU HAVE A SMALL PENIS

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-being-better-in-bed-when-you-dont-have-much.mp4>

WHAT TO SAY TO A NAKED WOMEN

Download PDF:

https://wgm-cf-download.s3.amazonaws.com/12weekphd/v2410/Phase_4_Bonus_insidher-what-to-say-to-a-naked-woman.pdf

WHEN SHOULD YOU KISS A WOMAN?

Download Video:

<https://wgm-cf-download.s3.amazonaws.com/insidher/insidher-how-to-kiss-a-woman.mp4>